### Skill Assessment for 3.5 Players

**Name:** ____________________________  **Self-Rating:** _____  **Date:** _______________

**Email:** ____________________________  **Cell Phone:** ________________  **#Games Observed:** __

**Weather Conditions:** ____________________________

**To be filled out by the Rating Team:**

#### 3.5 Skill Level – should ALSO possess most/all 3.0 Skills

<table>
<thead>
<tr>
<th></th>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
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</thead>
<tbody>
<tr>
<td>Knows all the <strong>main rules</strong> including how to correct the score and correct server</td>
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<tr>
<td>Demonstrates control/consistency on <strong>forehand groundstrokes</strong> (direction, depth, and pace)</td>
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<tr>
<td>Demonstrates control/consistency on <strong>backhand groundstrokes</strong> (direction, depth, and pace)</td>
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<tr>
<td>Placing <strong>serves</strong> deep into the court</td>
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<tr>
<td>Uses deeper and higher <strong>returns of serve</strong> to approach the net quicker</td>
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<tr>
<td>Quickly approaches the non-volley line</td>
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<tr>
<td>Able to play with partners effectively using court strategies like partner communication, and changing a losing game</td>
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<tr>
<td>Avoids hitting <strong>out balls</strong></td>
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<tr>
<td>Consistently returning lower balls over the net</td>
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<tr>
<td>Demonstrates a <strong>wide variety of shots</strong> with some consistency</td>
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<tr>
<td>Uses slower paced shots vs faster paced shots to their advantage</td>
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<tr>
<td>Able to <strong>create coverage gaps</strong> and then hit to these gaps</td>
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<tr>
<td>Sustains a short <strong>volley session</strong> at the net with some placement and control</td>
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<tr>
<td>Initiates and maintains a sustained <strong>dink</strong> exchange at the net</td>
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<tr>
<td>Utilizes a slow paced ball (soft shot) to approach the net (3rd shot)</td>
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<tr>
<td>Able to adjust to differing ball speeds consistently</td>
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<tr>
<td>Hits <strong>overheads</strong> with control</td>
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<tr>
<td>Uses a <strong>forehand</strong> and <strong>backhand lob</strong> when appropriate</td>
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<tr>
<td>Developing patience during rallies</td>
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<tr>
<td>Has good mobility *</td>
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<td>Has good quickness *</td>
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<td>Has good hand-eye coordination *</td>
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</table>

#### Svr. Requirement – 8 out of 10 (80%)

<table>
<thead>
<tr>
<th>Service Good</th>
<th>YES</th>
<th>NO</th>
</tr>
</thead>
<tbody>
<tr>
<td>Service Foot-faults</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### Svr. Return Requirement – 8 out of 10 (80%)

<table>
<thead>
<tr>
<th>Good Forehand</th>
<th>YES</th>
<th>NO</th>
</tr>
</thead>
<tbody>
<tr>
<td>Good Backhand</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### Volley Requirement – 8 out of 10 (80%)

<table>
<thead>
<tr>
<th>Backhand</th>
<th>YES</th>
<th>NO</th>
</tr>
</thead>
<tbody>
<tr>
<td>Forehand</td>
<td></td>
<td></td>
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<tr>
<td>Non-Volley Zone foot faults</td>
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</tbody>
</table>

**Legend:** 0 = not observed or not able to execute, 1 = attempted but very poorly executed/needs work, 2 = good basic form/needs work, 3 = solid, consistent performance

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**Rater’s Signature**________________________  **Actual Skill Level** _______  **Player’s Signature** ____________________________

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* If a person cannot move quickly enough due to physical restrictions, then the rating will be reduced according to the physical limitations as related to playing the game.